

# EHP February Session Details

2/1/26 - 2/28/26

Name of Participant: \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_



Day	classes/cost (before tax)	class time
<b><u>Red Performance</u></b>		
Tuesdays	4 weeks - \$180	6:00-7:30pm
Thursdays	4 weeks - \$180	6:00-7:30pm
Saturdays	4 weeks - \$180	1:00-2:30pm
<b><u>Orange Performance</u></b>		
Tuesdays	4 weeks - \$280	4:00-6:00pm
Thursdays	4 weeks - \$280	4:00-6:00pm
Fridays	4 weeks - \$280	5:00-7:00pm
Sundays	4 weeks - \$280	9:30-11:30am
<b><u>Green Performance</u></b>		
Tuesdays	4 weeks - \$385	4:00-6:45pm
Fridays	4 weeks - \$385	4:15-7:00pm
Sundays	4 weeks - \$280	11:30-1:30pm
<b><u>EHP"D"</u></b>		
Mondays	4 weeks - \$385	4:00-6:45pm
Wednesdays	4 weeks - \$385	4:45-7:30pm
Thursdays	4 weeks - \$385	4:00-6:45pm
Fridays	4 weeks - \$385	6:15-9:00pm
Sundays	4 weeks - \$280	1:30-3:30pm

Day	classes/cost (before tax)	class time
<b><u>EHP"C"</u></b>		
Mondays	4 weeks - \$385	4:00-6:45pm
Wednesdays	4 weeks - \$385	4:45-7:30pm
Wednesdays	4 weeks - \$385	6:00-8:45pm
Thursdays	4 weeks - \$385	4:00-6:45pm
Fridays	4 weeks - \$385	6:15-9:00pm
Saturdays	4 weeks - \$280	2:00-4:00pm
Sundays	4 weeks - \$280	1:30-3:30pm
<b><u>EHP"B"</u></b>		
Mondays	4 weeks - \$385	5:15-8:00pm
Tuesdays	4 weeks - \$385	5:15-8:00pm
Wednesdays	4 weeks - \$385	6:00-8:45pm
Thursdays	4 weeks - \$385	5:15-8:00pm
Saturdays	4 weeks - \$280	2:00-4:00pm
<b><u>EHP"A"</u></b>		
Mondays	4 weeks - \$440	5:15-8:00pm
Tuesdays	4 weeks - \$440	5:15-8:00pm
Thursdays	4 weeks - \$440	5:15-8:00pm
<b><u>Fitness</u></b>		
Weekdays (4x wk session)	4 week - \$100	

Visit [TOPsKirkland.org/EastsideHP](http://TOPsKirkland.org/EastsideHP) for details on program expectations and player eligibility.

EHP Fitness:	• Fitness training including in the EHP A, B, C, D and Green total time slots
	• Fitness training optional add on for Orange Perf

Note - no fitness on Saturday & Sunday classes