

EHP Session

Nov 1-30, 2023

No Class 11/23-11/26



Name of Participant _____

Phone _____ Email _____

Day	classes/cost (before tax)	class time	Day	classes/cost (before tax)	class time
<u>Red Performance</u>			<u>HP"C"</u>		
Tuesdays	4 week - \$180	6:00-7:30pm <input type="checkbox"/>	Mondays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>
Thursdays	4 week - \$180	6:00-7:30pm <input type="checkbox"/>	Wednesdays	5 week - \$481	5:15-8:00pm <input type="checkbox"/>
Saturdays	3 week - \$135	1:00-2:30pm <input type="checkbox"/>	Thursdays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>
<u>Orange Performance</u>			Fraturdays	3 week - \$289	5:15-8:00pm <input type="checkbox"/>
Tuesdays	4 week - \$280	4:00-6:00pm <input type="checkbox"/>	<u>HP"B"</u>		
Fraturdays	3 week - \$210	4:00-6:00pm <input type="checkbox"/>	Mondays	4 week - \$385	5:15-8:00pm <input type="checkbox"/>
Sundays	3 week - \$210	11:30-1:30pm <input type="checkbox"/>	Tuesdays	4 week - \$385	5:15-8:00pm <input type="checkbox"/>
<u>Green Performance</u>			Wednesdays	5 week - \$481	5:15-8:00pm <input type="checkbox"/>
Tuesdays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>	Thursdays	4 week - \$385	5:15-8:00pm <input type="checkbox"/>
Thursdays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>	<u>HP"A"</u>		
Fraturdays	3 week - \$289	4:00-6:45pm <input type="checkbox"/>	Mondays	4 week - \$440	5:15-8:00pm <input type="checkbox"/>
Sundays	3 week - \$210	11:30-1:30pm <input type="checkbox"/>	Tuesdays	4 week - \$440	5:15-8:00pm <input type="checkbox"/>
<u>HP"D"</u>			Thursdays	4 week - \$440	5:15-8:00pm <input type="checkbox"/>
Mondays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>	<u>HP"A" & "B" & "C" Mornings</u>		
Wednesdays	5 week - \$481	4:00-6:45pm <input type="checkbox"/>	Thursdays	4 week - \$280	6:00-8:00am <input type="checkbox"/>
Thursdays	4 week - \$385	4:00-6:45pm <input type="checkbox"/>	<u>Fitness for Orange Perf*</u>		
Fraturdays	3 week - \$289	5:15-8:00pm <input type="checkbox"/>	Weekdays (1x wk Tu/Th)	4 week - \$100	5:15-6:00pm <input type="checkbox"/>
Sundays	3 week - \$210	1:30-3:30pm <input type="checkbox"/>	Weekdays (1x wk Fri)	3 week - \$75	6:00-6:45pm <input type="checkbox"/>

* EHP Fitness:	• Fitness training including in the EHP A, B, C, D and Green total time slots
	• Fitness training optional add on for Orange Perf
	• Fitness/Speed/Strength training is part of the EHP program and helps players improve performance
	• If unique circumstance requires an exception for the month from fitness signup - email info to siftikhar@tennisoutreach.org

Note - no fitness on Saturday & Sunday classes