EHP Session Oct 1-31, 2025

Name of Participant						
Phone	Email					





Day	classes/cost (before tax)	class time	Day	classes/cost (before tax)	class time	
Red Perforn	<u>nance</u>					
Tuesdays	4 week - \$180	6:00-7:30pm	EHP"C"			
Thursdays	5 week - \$225	6:00-7:30pm	Mondays	4 week - \$385	4:00-6:45pm	
Saturdays	4 week - \$180	1:00-2:30pm	Wednesdays	5 week - \$481	6:00-8:45pm	
			Thursdays	5 week - \$481	4:00-6:45pm	
Orange Performance		Fridays	5 week - \$481	6:15-9:00pm		
Tuesdays	4 week - \$280	4:00-6:00pm	Saturdays	4 week - \$280	2:00-4:00pm	
Thursdays	5 week - \$350	4:00-6:00pm	Sundays	4 week - \$280	1:30-3:30pm	
Fridays	5 week - \$350	5:00-7:00pm				
Sundays	4 week - \$280	9:30-11:30am	<u>EHP"B"</u>			
			Mondays	4 week - \$385	5:15-8:00pm	
Green Perfo	<u>ormance</u>		Tuesdays	4 week - \$385	5:15-8:00pm	
Tuesdays	4 week - \$385	4:00-6:45pm	Wednesdays	5 week - \$481	6:00-8:45pm	
Fridays	5 week - \$481	4:15-7:00pm	Thursdays	5 week - \$481	5:15-8:00pm	
Sundays	4 week - \$280	11:30-1:30pm	Saturdays	4 week - \$280	2:00-4:00pm	
EHP"D"			EHP"A"			
Mondays	4 week - \$385	4:00-6:45pm	Tuesdays	4 week - \$440	5:15-8:00pm	
Wednesday	s 5 week - \$481	4:45-7:30pm	Thursdays	5 week - \$550	5:15-8:00pm	
Thursdays	5 week - \$481	4:00-6:45pm				
Fridays	5 week - \$481	6:15-9:00pm	Fitness for Ora	nge Perf*		
Sundays	4 week - \$280	1:30-3:30pm	Weekdays (4x wk	session) 4 week - \$100		
			Weekdays (5x wk session) 5 week - \$125			

* EHP Fitness:

• Fitness training including in the EHP A, B, C, D and Green total time slots

• Fitness training optional add on for Orange Perf