## EHP Session Sept 2-30, 2025 (no class 9/1)

| Name of Participant |        |  |
|---------------------|--------|--|
| Phone               | Email_ |  |





| Day                | classes/cost (before tax) | class time   | Day               | classes/cost (before tax) | class time  |
|--------------------|---------------------------|--------------|-------------------|---------------------------|-------------|
| Red Perform        | <u>ance</u>               |              |                   |                           |             |
| Tuesdays           | 5 week - \$225            | 6:00-7:30pm  | EHP"C"            |                           |             |
| Thursdays          | 4 week - \$180            | 6:00-7:30pm  | Mondays           | 4 week - \$385            | 4:00-6:45pm |
| Saturdays          | 4 week - \$180            | 1:00-2:30pm  | Wednesdays        | 4 week - \$385            | 6:00-8:45pm |
|                    |                           |              | Thursdays         | 4 week - \$385            | 4:00-6:45pm |
| Orange Performance |                           | Fridays      | 4 week - \$385    | 6:15-9:00pm               |             |
| Tuesdays           | 5 week - \$350            | 4:00-6:00pm  | Saturdays         | 4 week - \$280            | 2:00-4:00pm |
| Thursdays          | 4 week - \$280            | 4:00-6:00pm  | Sundays           | 4 week - \$280            | 1:30-3:30pm |
| Fridays            | 4 week - \$280            | 4:15-7:00pm  |                   |                           |             |
| Sundays            | 4 week - \$280            | 9:30-11:30am | <u>EHP"B"</u>     |                           |             |
|                    |                           |              | Mondays           | 4 week - \$385            | 5:15-8:00pm |
| <b>Green Perfo</b> | <u>rmance</u>             |              | Tuesdays          | 5 week - \$481            | 5:15-8:00pm |
| Tuesdays           | 5 week - \$481            | 4:00-6:45pm  | Wednesdays        | 4 week - \$385            | 6:00-8:45pm |
| Fridays            | 4 week - \$385            | 4:15-7:00pm  | Thursdays         | 4 week - \$385            | 5:15-8:00pm |
| Sundays            | 4 week - \$280            | 11:30-1:30pm | Saturdays         | 4 week - \$280            | 2:00-4:00pm |
| EHP"D"             |                           |              | <u>EHP"A"</u>     |                           |             |
| Mondays            | 4 week - \$385            | 4:00-6:45pm  | Tuesdays          | 5 week - \$550            | 5:15-8:00pm |
| Wednesdays         | 4 week - \$385            | 4:45-7:30pm  | Thursdays         | 4 week - \$440            | 5:15-8:00pm |
| Thursdays          | 4 week - \$385            | 4:00-6:45pm  |                   |                           |             |
| Fridays            | 4 week - \$385            | 6:15-9:00pm  | Fitness for Oran  | ge Perf*                  |             |
| Sundays            | 4 week - \$280            | 1:30-3:30pm  | Weekdays (1x wk 7 | Γu) 5 week - \$125        | 5:15-6:00pm |
|                    |                           |              | Weekdays (1x wk I | M/W/Th/F) 4 week - \$100  | 6:00-6:45pm |

\* EHP Fitness:

• Fitness training including in the EHP A, B, C, D and Green total time slots

- Fitness training optional add on for Orange Perf
- If unique circumstance requires an exception for the month from fitness signup email info to siftikhar@tennisoutreach.org